

# END HUNGER

IN CALVERT COUNTY

## FOOD ITEMS

1 lb. Box Spaghetti	Powdered Milk
Canned Pasta Meals	Crackers
Spaghetti Sauce	Mayonnaise
Canned Tuna	Ketchup
Canned Chicken	Mustard
Canned Salmon	Salsa
Canned Beef Stew	Dried Fruit (Raisins, Plums)
Chili w/Beans	Canned Pumpkin
1 lb. Bag Hard Beans	Pudding Mixes
Canned Beans	Boxed Cake Mixes
Peanut Butter	Mac & Cheese
Jelly	Tuna Helper/Just Add Meat Meals
Canned Vegetables	Rice-A-Roni
Canned Potatoes	Rice
Canned Soup	Ramen Noodles
Canned Fruit	Cereal
Applesauce	Oatmeal

## HYGIENE ITEMS

Tooth Brushes	Bar Soap
Tooth Paste	Laundry Detergent
Dental Floss	Dryer Sheets
Shampoo/Conditioner	Dish Detergent
Deodorant	Shaving Cream
Toilet Paper	

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