

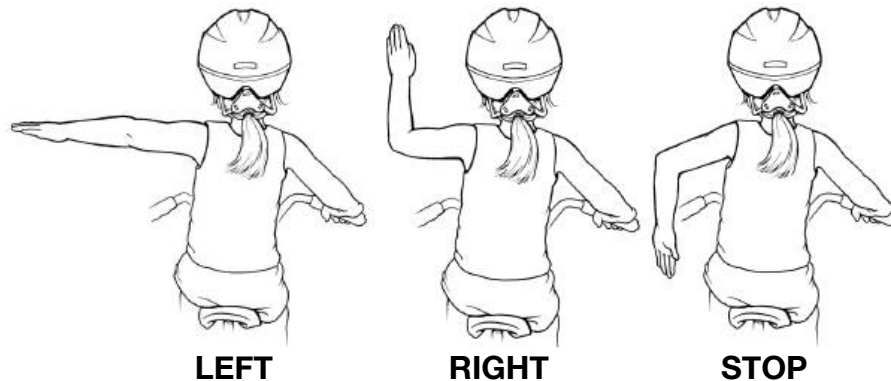


to End Hunger In Calvert County

END HUNGER IN CALVERT COUNTY RIDE ETIQUETTE & SAFETY

The End Hunger Bike Ride is NOT a race. The event is conducted on open roads. Motor vehicles traffic is present throughout the course at all times.

- ANSI/SNELL approved helmets are MANDATORY.
- Ride single file and as far to the right of the road as safely possible.
- Pass on the left side only.
- Communicate with your fellow riders using the proper cycling terms such as “on your left,” “car back,” “stopping,” “swerve right,” etc. and use hand signals.
- Hand signals are made using your left arm:



- Obey all traffic laws and signals - always stop at stop signs. Your bicycle is legally considered a vehicle.
- Ride in control of your bike at all times (no sudden braking, maintain a straight line as much as possible).
- Be predictable - group riding requires more attention than riding alone. Call out potential hazards, stops and changes in direction to other riders.
- Do not wear headphones.
- Ride WITH traffic, not against it.
- Make eye contact with drivers so you know they have seen you.
- Be watchful for potholes, gravel, sand, etc. Call any of these hazards out to other riders.
- Tractor trailers create a lot of wind turbulence. If you hear one coming, slow down and be prepared for the wind effect.
- Be aware of parked cars. They may be backing out of a parking space, or open their doors in your path.
- If you need to take a phone call or want to take photos, stop safely off the road.
- Take a full lane when safety dictates. Pull off to let traffic pass when necessary.
- Group riders should help guide others if they stray too far into the road. Alerting them with a firm “car back” will encourage all to tuck in and let cars pass.
- Rest Stops: Be aware of other riders entering and exiting the pit stops. Place your bike out of traffic flow.